



PRESIDENT  
RTN SUNIL SETHI, PHF

VICE PRESIDENT  
RTN LALIT ASTHANA, PHF

IMMEDIATE PAST PRESIDENT  
RTN G.S SALUJA, PHF

PRESIDENT ELECT  
RTN MAHABIR HOODA, PHF

PRESIDENT NOMINEE  
RTN ASHOK VASUDEV

CLUB SECRETARY  
RTN ALPANA HOODA, PHF

TREASURER  
RTN SANJEEV NAYYAR, PHF

CLUB TRAINER  
RTN ANIL MALHOTRA, PHF, MD

JOINT SECRETARY  
RTN SUPERNA KAPUR

SERGEANT AT ARMS RTN  
POONAM NAGRATH

COMMUNITY SERVICES-  
RTN MOHINDER MALHOTRA,  
PHF

VOCATIONAL SERVICES-  
RTN SADHNA JASUJA, PHF

YOUTH SERVICES-  
RTN RAVI KAPOOR, PHF

INTERNATIONAL SERVICES- RTN  
NAVEEN KAPUR, PHF

CLUB SERVICES-  
RTN GEETA NAYYAR, PHF

CLUB FOUNDATION AND  
FINANCE-  
RTN RAVINDER NANGIA PHF MD

SKILL DEVELOPMENT CENTER-  
RTN VEENA MALHOTRA PHF,  
MD  
RTN PAWAN MEHRA,  
DY DIRECTOR

COUNSELLORS-  
RTN GEN B.S KATARIA  
LTN GEN SN HANDA, PHF

**QUTAB WHEEL**

**ROTARY 2023-2024 THE LEAP YEAR**

**MONTHLY E-BULLETIN**

**ROTARY DELHI QUTAB**

**CHARTER DATE: 19 APRIL 1976**

**EDITOR: PP RTN ANIL MALHOTRA, PHF, MD**

**R.I PRESIDENT: RTN GORDAN MCINALLY**

DG: RTN JEETENDER GUPTA

PRESIDENT: SUNIL SETHI

DISTRICT 3011

ISSUE NO. 03/23-24

01-SEP-2023

**RI PRESIDENT MESSAGE**

Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to Create Hope in the World.



This year, we're prioritizing projects to support mental health. This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment.

Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being. And by building peace within, we become more capable of bringing peace to the world.

Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace. We work tirelessly to overcome barriers and create new connections. This year, we'll promote virtual international exchanges for members to strengthen those vital connections.

Peace isn't a dream, and it's not passive. It's the result of working hard, earning trust, and having open conversations that may be difficult. Peace must be waged persistently — and bravely. Everything we do across our areas of focus has the potential to foster the hope that can make peace possible.

The spirit of connection and purpose should inspire every Rotary member. When club leaders focus on offering an excellent club experience, we retain more members and attract more prospective members. We must make our clubs as welcoming and as engaging as we can.

Our goal is to create a sense of belonging, from our club meetings to our service activities. We need to continue creating inclusive, welcoming environments where everyone can be their authentic selves. All people of action need to be able to imagine a place for themselves in Rotary — it's up to us to ensure they can do so.

Over the next year, I will be putting a focus on continuing our journey in diversity, equity, and inclusion — ensuring that Rotary reflects the communities we serve and continues to take significant steps toward accessing the full range of human talents and experiences, so that we can better serve humanity. And we will continue to empower women and girls by helping them unlock the potential already within them.

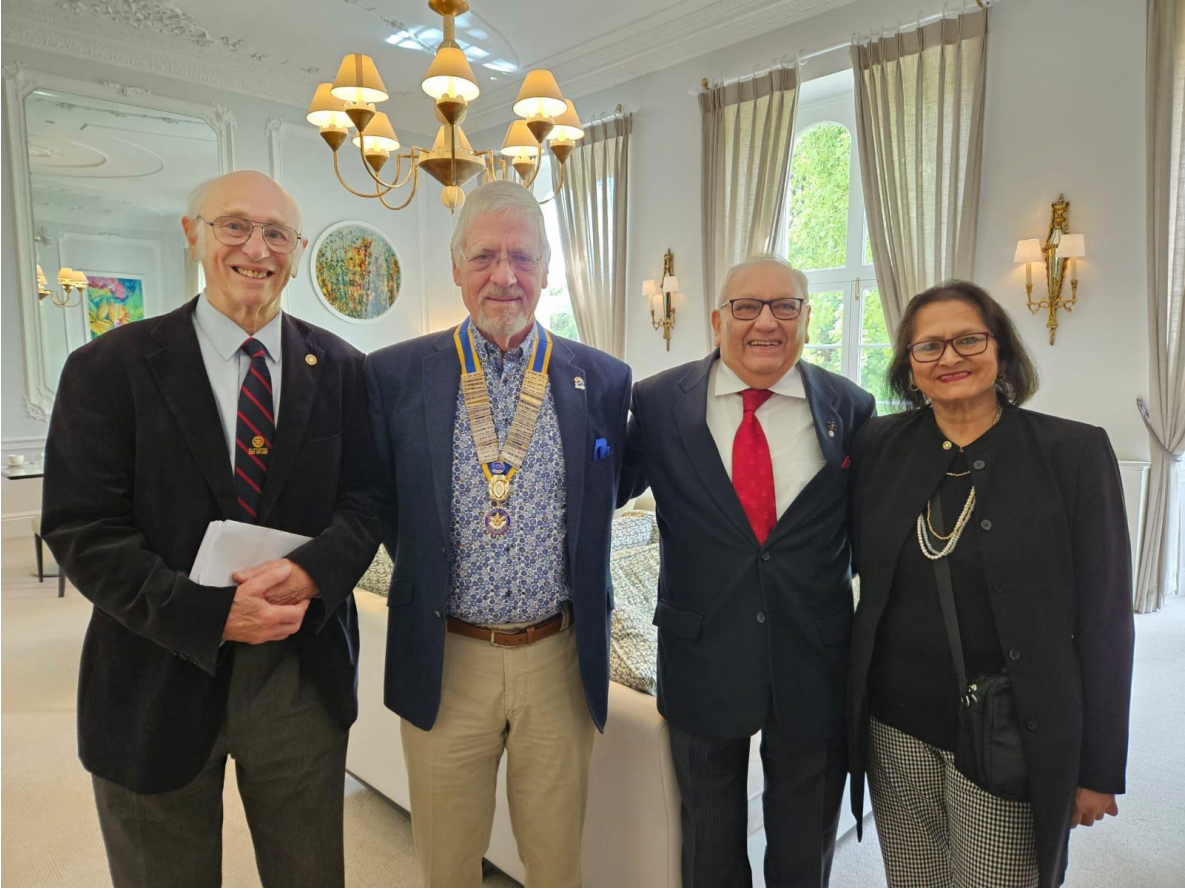
As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "sense and worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and Create Hope in the World.

## ROTARY MEETING OF MAIDENHEAD ROTARY CLUB

Our Rotarians Rtn Ashok Vasudev and Rtn Neena Vasudev are visiting London. On July 2023, they were invited by Rotary Club of Maidenhead, London to attend a Speakers Meet. During the Lunch, a Toast was proposed for the well-being our Club Rotary Delhi Qutab. A Great ceremonial gesture of Respect by a Rotary Club for another Club. Gen and Mrs Ashok learnt about the projects that this Club is doing and will share relevant details on their return. This is one of the reasons/advantages of joining Rotary. We meet and interact with different Nationalities but with the same aim of Serving the Society in Our own unique ways. Great bonhomie and fellowship. Well done Ashok and Neena.





## **QUTAB CELEBRATES INDEPENDENCE DAY WITH OUR OWN SKILL DEVELOPMENT CENTER**

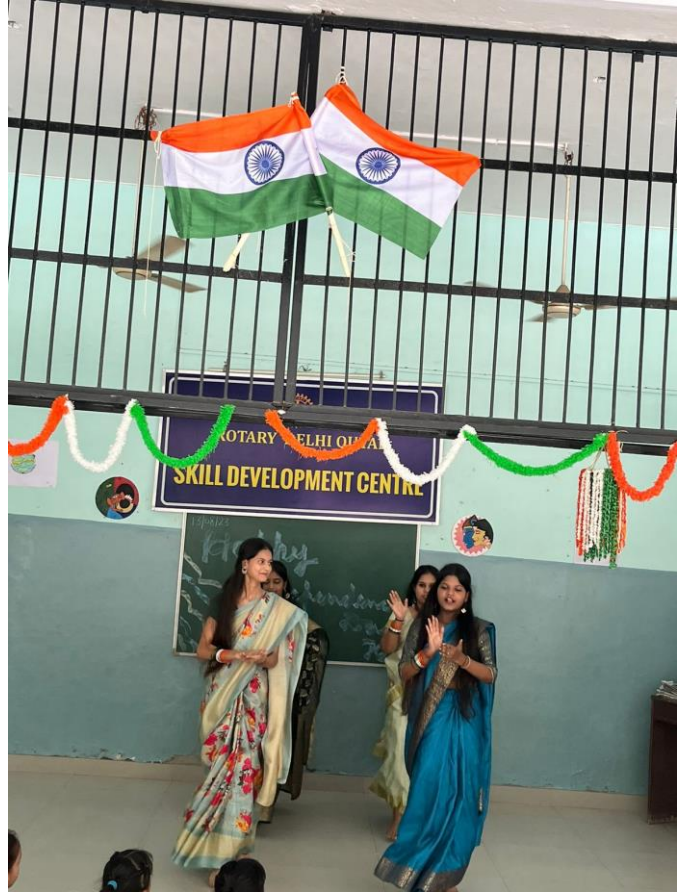
When we stand together and sing the National Anthem, it's a moment of collective national pride. This occasion is celebrated in all parts of India. Educating children about the significance of national events can be a daunting task, given the complex historical and cultural context.

The President, Rtn Sunil Sethi, hoisted the national flag and after the National Anthem was sung, addressed all the children and the members and explained why were we all getting together that day. Independence marked the birth of India he said and also, it's the day we remember the countless struggles of our freedom fighters and the sacrifices, they made to give us the freedom we enjoy today. It was extremely encouraging to see most of our members present and joined the celebrations.

Director SDC, Rtn Veena Malhotra and Rtn Pawan Mehra – Dy Dir., also spoke on the occasion and directed the variety program which everyone present, enjoyed. Rtn Mohinder Malhotra, quizzed the audience and also took some suggestions from the children on the ways to improve our Center.

QUTAB thanks every member of the family who spared their valuable time to be with the children. Light refreshments were served with kind curtesy from Rtn Pawan Mehra, Rtn Mohinder, Rtns Naveen and Superna Kapur, Ravi Kapoor, Rtn Mahabir and Alpana Hooda and Rtn Veena Malhotra. President and Rtn Shalini presented items of daily use to all the children. Rtn Ravi Kapur took over the task of taking the photographs. The Club Secretary, Alpana was present on a video call during the event.













**Chetan, a class 11 boy of our Center, made a pencil sketch of our honorable Prime Minister which was applauded by all.**

## JOURNEY OF TWO FRIENDS

We both left home at 18.  
You cleared JEE,  
I got recommended.  
You got IIT,  
I got NDA.

You pursued your degree,  
I had the toughest training.  
Your day started at 7 and ended at 5,  
Mine started at 4 till 9 and  
Some nights also included.  
You had your convocation ceremony,  
I had my POP.

Best company took you and  
Best package was awarded,  
I was ordered to join my paltan  
With 2 stars piped on my shoulders.  
You got a job,  
I got a way of life.

Every eve you got to see your family,  
I just wished i got to see my parents soon.  
You celebrated festivals with lights and music,  
I celebrated with my comrade in bunkers.

We both married,  
Your wife got to see you everyday,  
My wife just wished i was alive.  
You were sent to business trips,  
I was sent on line of control.

We both returned,  
Both wives couldn't control their tears, but  
You wiped her's but,  
I couldn't.  
You hugged her but,  
I couldn't.  
Because I was lying in the coffin,  
With medals on my chest and,  
My coffin wrapped in tricolour.  
My way of life ended,  
Your continued.  
We both left home at 18.

- Shared by an Army Kid of the Army Public  
School, Ambala Cantonment.

# Awesome Facts



## Did You Know?

- If a statue of a person in the park on a horse has both front legs in the air, the person died in battle.
- If the horse has one front leg in the air, the person died as a result of wounds received in battle.
- If the horse has all four legs on the ground, the person died of natural causes.

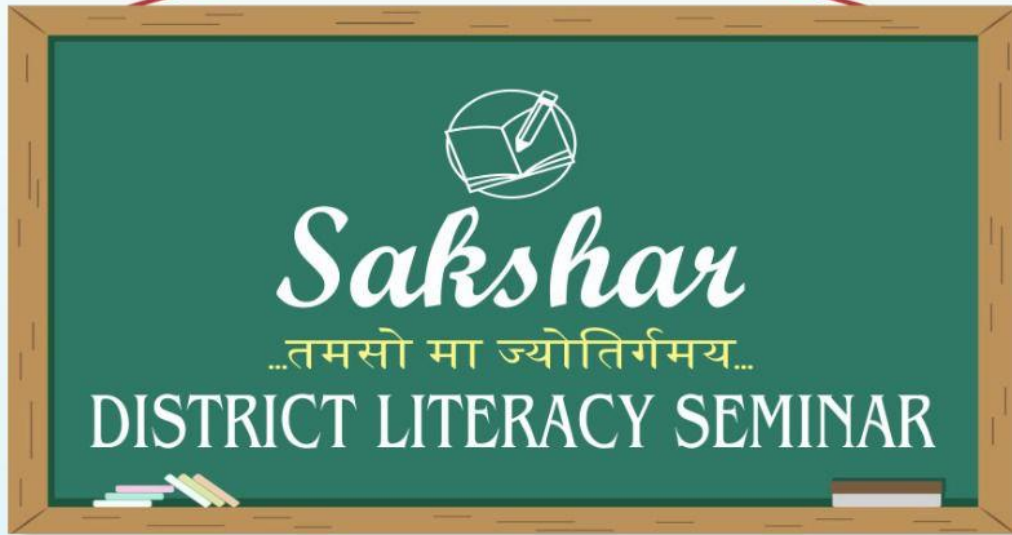
## NAVEEN KAPUR AT THE BRICS MEETING, QUTAB

Qutab is shining everywhere and the ongoing BRICS at JOHANNESBURG found our own Rtn Naveen Kapur advising the elite gathering, including our Prime Minister - Shri Narendra Damodar Bhai Modi about National economies of Brazil, Russia, India, China and South Africa. His contributions coincided with the Indian Flag being hoisted on the moon. YOU MAKE US PROUD NAVEEN. Qutab is blessed to have shining stars like you— QUTAB, YOU ROCK.





*District Governor Rtn. Jeetender Gupta  
& First Lady PP Rtn Dr. Deepti Singh Gupta  
invite you to*



**Tuesday, 5<sup>th</sup> September 2023**  
**PHD House, August Kranti Marg, New Delhi**

**Timings : 10 AM Onwards**  
**(Followed by Lunch)**

**NO REGISTRATION CHARGES**

**RSVP**

**PDG Ramesh Chander**  
District Advisor  
Basic Education & Literacy  
+91 9810364133

**PP Rtn. Pran Mehta**  
District Chair  
Basic Education & Literacy  
+91 9810075873

## Board of Directors Meet

Meeting of the Board of Directors was held on 31 August 2023 at the residence of Rtn Sanjeev and Geeta Nayyar.

The meeting commenced at 7pm as programmed. The Club Secretary, Rtn Alpana Hooda read out the minutes of the previous meeting which was by the Board. The President, Rtn Sunil Sethi welcomed everyone. The President gave out the salaries of the staff of the Skill Development Center; will be increased by 10%. This was unanimously passed. Computer classes will commence from 15 September 2023. Rtn Anil Malhotra will take classes twice a week. Ms Mamta will also be trained, who will take one finally. The Center needs an upliftment. The spare room will be occupied and it will be repaired soon. Every member will contribute Rs 2100/- towards Rotary Foundation. 3 Club Assemblies will be held every year. Rtn Anil Malhotra gave a presentation on our first Club Assembly to be held in Lansdowne from October 10-13, 2023.

There being no other points, the meeting was declared closed. All members thanked the host and hostess for their largesse.







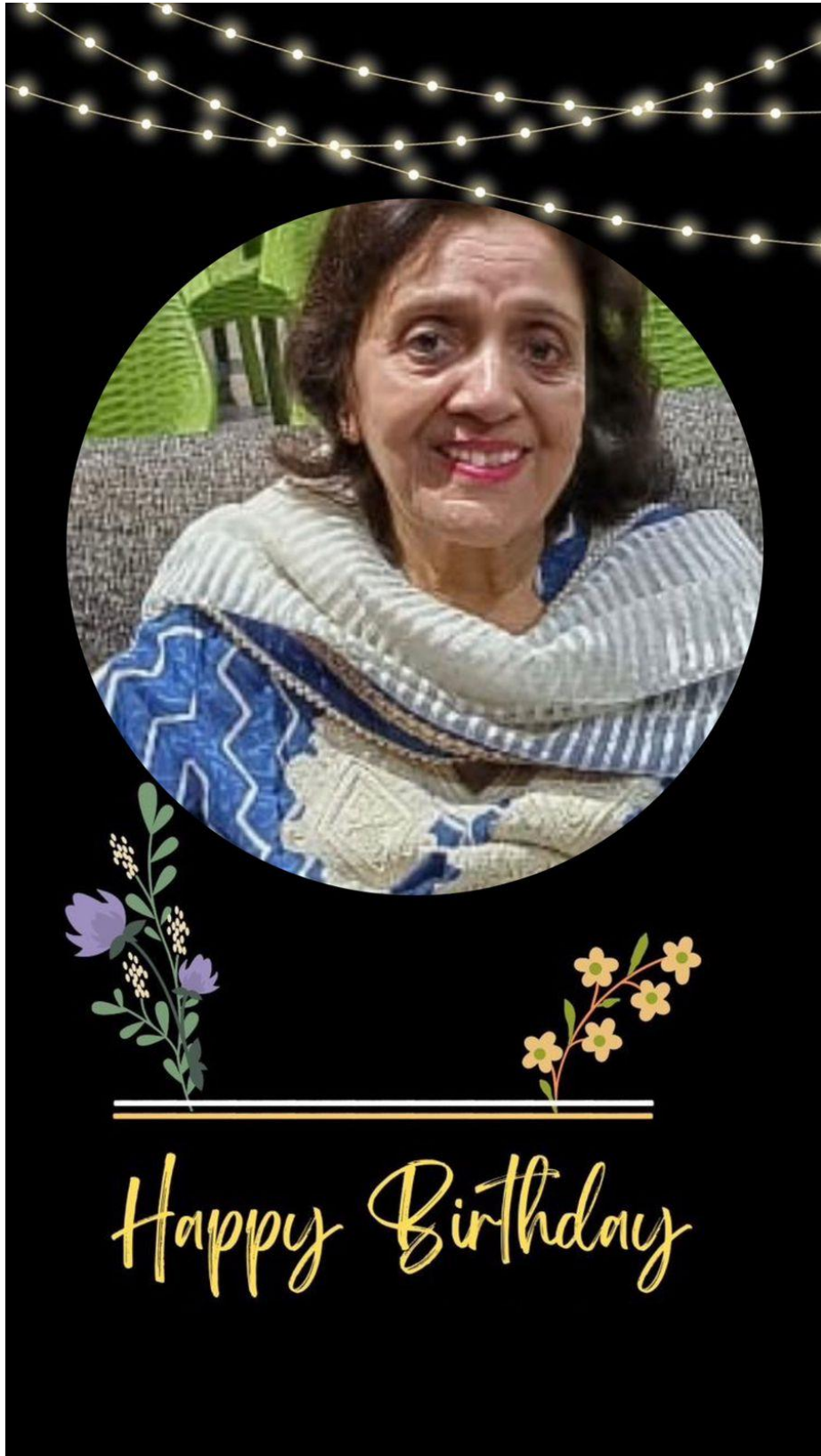








# GREETINGS



*Happy Birthday*

**R'anne Veena Kataria**  
02 September



**Rtn Superna Kapur**  
04 September



**Rtn Neena Vasudeva**  
18 September



---

---

*Happy Birthday*

**R'anne Nutan Nakra**  
30 September

happy  
Anniversary



**Rtn Sanjeev and Suniti Banga**  
08 September



happy  
Anniversary



**Rtn Poonam and Rajneesh Nagrath**  
08 September

## The Red Pill

There are many philosophers, politicians, notable internet celebrities, and prominent figures in society who have openly stated their belief in the “Red Pill Theory” but how can one conspiracy been so widely and openly believed in? Is there some truth to it? What do we have to do to take the ‘red pill’ and what does it even mean?

The term ‘red pill’ comes from the highly acclaimed film, the matrix. It stems from the idea that we are living in a computer simulation; that in order to know the truth, one has to take the red pill, and that way you can see the world for what it truly is. The basic idea being we are living in a false reality, and in order to escape these illusions we must think beyond what is taught.

If we look back to the earlier philosophers of the western world, we find Plato and his beliefs in the birth of reality. In one of his most famous works, named ‘The Republic’, he depicts the renowned allegory of the cave in which he illustrates a world in which the humans are residing in a cave, watching what is like a puppet show created by shadows. These humans believe this to be their reality and know nothing outside of this; they are completely ignorant. With their necks and legs bound by shackles, they cannot and have never moved from their position. Then one day one of these ‘prisoners’ so to speak, escaped from his chains and finally arrived face to face with the ‘real world’. At first, staring into this foreign ‘sun’, he is blinded by the light; with eyes struggling to adjust. But after becoming accustomed to this new reality, he decides upon spreading the truth to the habitants of the cave. Alas, when he goes back down, his eyes had already adjusted to the bright light so cannot see the shadows any more. Meaning, when he tried to convince the prisoners of the world above, he is unsuccessful. This is because they come to the conclusion that when you ascend the cave, you lose your eyesight and so are no longer able to live in the cave, not realizing that they are the ones who are in fact blind.

It could be argued that The Red Pill symbolizes a medicine, in order to free oneself from their shackles. It is widely believed that the answer is simply critical thinking and a skeptical mindset. However religious people may believe that the solution is a divine power that can guide you to the truth.

On the contrary, it is my conviction that this theory was created in order to promote the personal, and controversial beliefs of these thinkers. For example, famously, Plato believed that democracy should not exist and that it is simple-minded to have a system that puts intellectuals and common folk at the same level when it comes to voting. As with any controversy, there are some strengths to this argument such as are clear distinctions in people’s education levels during 400 BC and especially as many don’t even know what they’re voting for. However, it is no surprise that this belief sparked major backlash and a long-lasting debate, that still goes on today. Moreover, if we look at Plato’s logic here, we realize that he is making the distinction between those who are ignorant, and those who have seen the sun or taken the red pill, and is using it to promote his controversial beliefs opposing democracy, in order to get what he desires; power. Ultimately drawing parallels to both the allegory of the cave, as well as The Red Pill.

You may be thinking, how is this relevant today. This debate has been going on for years so why is it any more important now? Well, the answer is Andrew Tate: a name that creates an environment of hostility and animosity amongst young people as soon as it’s mentioned. Yet riots in Romania, USA, Greece and many other nations have already arisen following his arrest on December 29<sup>th</sup> 2022. He uses metaphors from the 20<sup>TH</sup> century film to dispute any allegations against him by claiming, in his own words “The matrix has attacked me”. Furthermore, he uses similar metaphors in order to support his extremist views. This is evident as he preaches feminism is but a trend, both created and normalized by the matrix and apparently that by ‘taking the red pill’ - like he claims to have done - you would see the flaws in feminism. Needless to say, this way of thinking is extremely dangerous as it means reducing people’s experiences to mere illusion unless they follow your unique way of thinking; a method additionally used by religions, cults, and political leaders like Hitler and Stalin.

Finally, I would like to end with Nietzsche's view on solipsism and the belief that the world is not as it appears. In a book named 'Twilight of the Idols' published in 1889, there is a chapter entitled 'How the True World Finally Became a Fable'. In this Nietzsche writes that if the real world outside the one we are living in is truly unknowable, then what is the point of even believing there is one as you will never be able to attain it, let alone even know if it exists. He states "The true world – an idea which is no longer good for anything, not even obligating – an idea which has become useless and superfluous. Constantly a refuted idea – Let us abolish it!" and so therefore the matrix, the cave, none of it has any point or real value to us. So even if it is the truth, we must let it die since this fixation is nothing but a futile hypothesis.

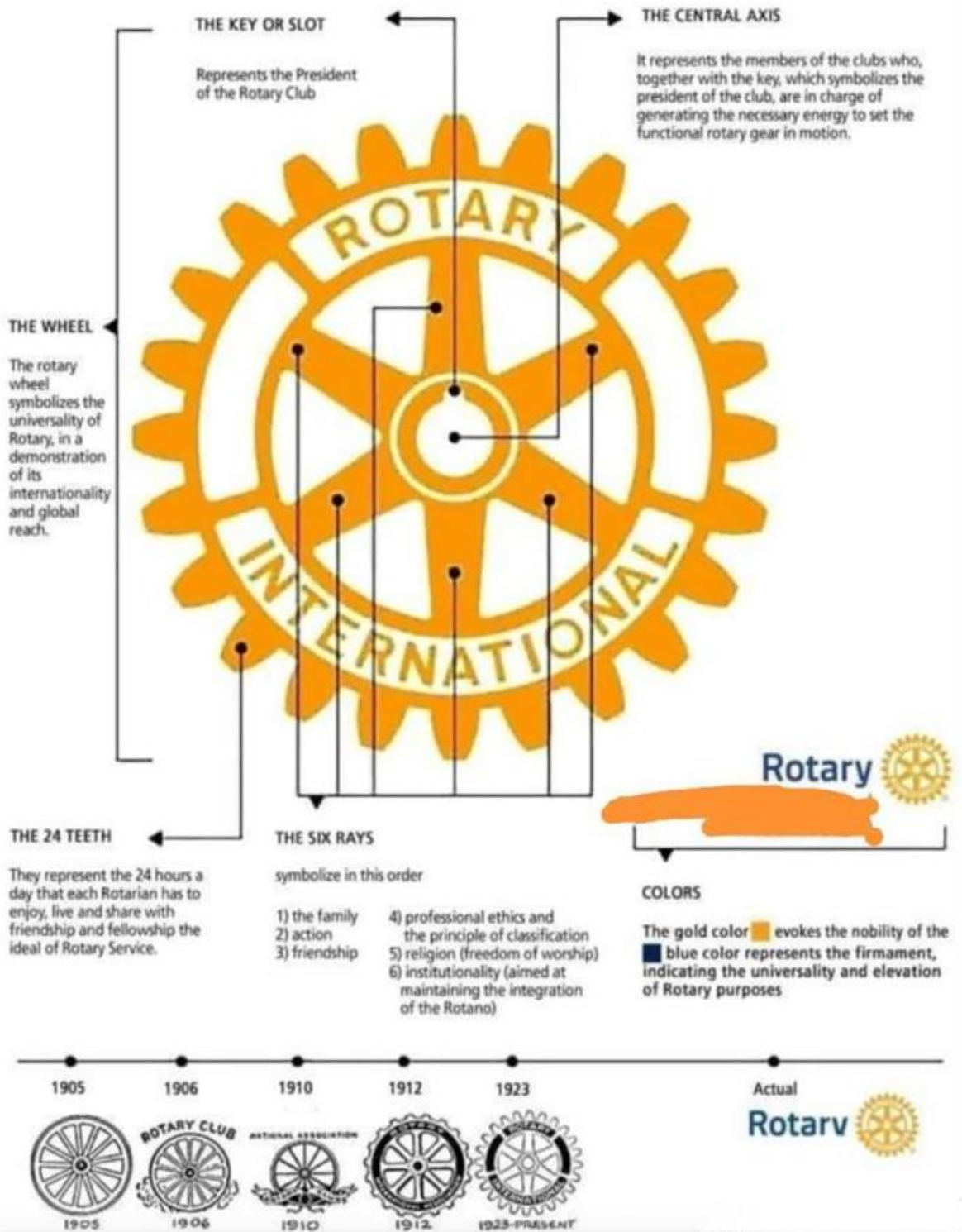
Anika Vasudeva

Age: 15 years

Class X

(Grand-daughter of Rtn Ashok Vasudeva and Rtn Neena Vasudeva)

# WHAT DOES THE ROTARY WHEEL MEAN?



## **EVENTS – SEPTEMBER**

<b>S.NO.</b>	<b>DATE</b>	<b>EVENT</b>	<b>REMARKS</b>
1	3 September	Project Meet	Details later
2	5 September	District Literacy Meet bring co-sponsored by Qutab	Details already given
3	13 September	Speaker Meet	Details later
4	27 September	Fellowship Meet	Details later

# **OUR PERMANENT ONGOING PROJECT**

**Qutab' SKILL DEVELOPMENT CENTER**  
continues to uplift the standards of education and health for  
the underprivileged and has been the backbone for the residents of  
Madangir.

Our members and staff of the CENTER continue to be fully dedicated  
to the cause and achieving very satisfactory results. For example,  
all our students have cleared their class promotion examinations  
with very good marks.

**THERE ARE NO FAILURES.**

Congratulations to all QUTABIANS,  
especially to the DIRECTORS PP VEENA MALHOTRA  
and PP MOHINDER MALHOTRA

**ROTARY DELHI QUTAB**